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Fleur-de-Lys abdominoplastyâ€™a consecutive case series

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Abstract

Sixty-eight consecutive patients who had undergone Fleur-de-Lys abdominoplasty are described. The mean age was 39 years, (22â€™62 years) and the mean body mass index (BMI) was 29 kg/m² (17â€™47 kg/m²). Forty patients had documented weight loss, mean 39 kg (10â€™103 kg). The operation duration ranged from 1 h 10 min to 4 h 15 min. The mean mass of tissue resected was 2.4 kg, (0.3â€™9.1 kg). The overall complication rate was 42/68 (62%) and complications were categorised as early, late, general and aesthetic. Complications were significantly related to patients with a greater age ($p=0.0091$), increasing BMI ($p=0.0039$), greater weight ($p=0.0014$) and greater mass of tissue resected ($p=0.0002$). There was no significant association between smoking and complications. There was no significant association between previous gastric partitioning surgery and complications. Despite the significant complication rate, a single operation achieved a satisfactory outcome in 82% of patients. Our data reinforce findings from previous studies, which have demonstrated that patients should be

required to reduce weight prior to body contouring surgery.



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Keywords

Fleur-de-Lys abdominoplasty; Body mass index; Thrombo-embolic disease stockings; Bariatric surgery

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