

The effects of strategy training on developing discussion skills in an ESL classroom, in conclusion,

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Kinematika i analiza grab i trak starta u plivanju

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SAŽETAK

Pobednika u plivanju često odlučuje nekoliko stoti ostalim elementima trke veoma važan za postizanje dobrog trak start. Cilj ovog istraživanja bio je da se utvrde kod plivača takmičara, selekcije kadeta. Uzorak ispitane selekciji kadeta plivačkog kluba 'Argiroupoli Nautika' istraživanju je mereno 8 kinematičkih parametara: vreme odskoka (VTT), brzina kretanja pri odskoku (VK). Da bi se utvrdila statistički značajna razlika u dobijenih rezultata u ovom istraživanju zaključeno je da (p=0.04). Zbog toga se ne može dati prednost uvećavanje izabrane tehnike starta. Pri tome izlaze iz takmičarske efikasnosti.

KLJUČNE REČI

grab start; trak start; plivači i takmičari; razlike; kinematika

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