



Career program for first-generation non-traditional Middle Eastern college women Kabir, Bilquis

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Abstract:

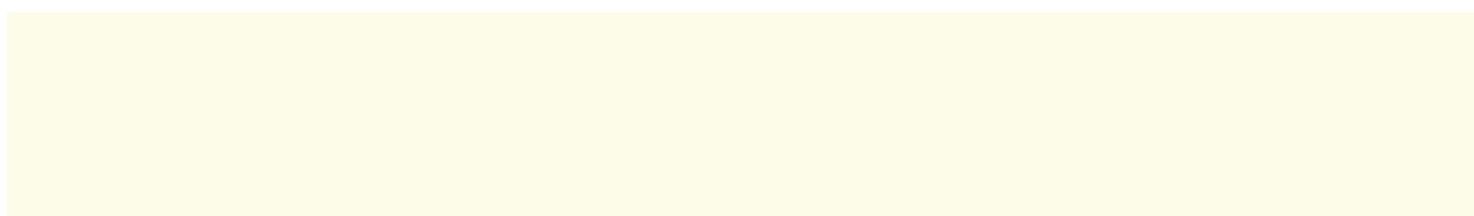
First-generation, non-traditional Middle Eastern college women (FGNTMECW) typically encounter more obstacles in their transition to college than do continuing-generation, traditional-aged college students. Continuing-generation college students are the first in their family to attend college, are often low income, and are very motivated to attend college (Choy, 2001). Non-traditional students are those who are age 25 or older when attending college (Bell 2012). Middle Eastern women are from Afghanistan, Iran, Iraq, Lebanon, Pakistan, Arabia and Syria as their countries-of-origin. This project will focus on some of the barriers faced by FGNTMECW in comparison to their continuing-generation, traditional-aged peers. This will be achieved by applying three theories: Ecological, Social Cognitive Career, and Self-Determination Theories. Applying these theories in educational settings may increase the likelihood of FGNTMECW succeeding in college and in their careers. Based on these theories and the research on FGNTMECW as guiding forces, a career-counseling program for FGNTMECW is presented and assessed.

Description:

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