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## The Anti-Scorbutic Value of Kaffir Beer.

Author(s) : [Fox, F. W.](#) ; [STONE, W.](#)

Journal article : [South African Journal of Medical Sciences](#) 1938 Vol.3 pp.7-14 ref.

Abstract : Kaffir beer has long been considered a remedy against scurvy. The author studied its vitamin C [ascorbic acid] content by various methods and found that the ascorbic acid content obtained by titration with indophenol to be too high unless the test was carried out at *pH*1-2. Then the values obtained corresponded with biological values those obtained by a Norite test. The content of ascorbic acid is really very low, about 15 mgm. per 100 cc. If the minimum requirement is taken as 15 mgm., 2 litres of beer would supply it. Twice this much or more may be drunk by the native, and this is not surprising, because of the amount consumed, a valuable place as an antiscorbutic agent. The amount in 1 quart of beer would be supplied by 1 pint of milk, 1/2 oz. orange juice.

fresh lucerne leaf. *Douglas C. Harrison.*

Record Number : 19382701222

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prevention, scurvy, techniques, vitamin deficiencies

Identifier(s) : alfalfa, methods, vitamin C

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eukaryotes, Papilionoideae, Fabaceae, Fabales, eudicots, angiosperms, Spermat  
Medicago

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