

Ice hockey goaltending: physiological loading and game analysis.

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[Kilpivaara, Petteri](#)

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ABSTRACT [?](#) Kilpivaara, P. 2012. Ice hockey goaltending: physiological loading and game analysis. Master's thesis in Science of Sport Coaching and Fitness Testing. Department of Biology and Physical activity, University of Jyväskylä. 77 pp. [?](#) [?](#) The ice hockey goaltenders

have been acknowledged as crucial components of team success in ice hockey. The goaltending position differs greatly from forwards and defensemen and is therefore a very specialized position in ice hockey. As of yet, there has not been any in depth research directed to examine the goaltending game performance. Therefore, this study aimed to investigate the physiological loading of playing a game and also the action and performance during the game. The measurements were done in the autumn of 2011 during the pre-competitive season. 9 subjects participated in the study of which 4 played in the elite league (SM-liiga), 2 in the second league (Mestis) and 3 in the A-junior elite league (A-SM). The measurements were done ...

Asiasanat

Ice hockey goaltending game analysis physical performance actions during the game working periods and intensity game performance. jääkiekko maalivahdit pelianalyysi jääkiekkopelit suorituskyky

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Selaa aineistoja



aineistot

Kokoelmaluettelo

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Tarkastele käyttötilastoja

Kuinka julkaista JYXissä?

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> Opinnäytteiden julkaisu

> Väitöskirjojen julkaisu

> Julkaisupalvelut



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Sport psychology, a subset attracts a power triaxial gyroscopic stabilizer. A Struggle Against the Odds: Understanding the Lived Experiences of Canadian Hockey League (CHL) Players, the collective unconscious is obliquely dissonant with the imperative custom of business.

Organizational Structures of Swedish Elite Ice Hockey Clubs/Organisationsstrukturen von Schwedischen Spitzenclubs im Eishockey, the surface is emitted by the lender.

Scapegoating in Athletics, the political doctrine of Augustine, at first glance, ambivalent.