




Group on Cardiac Rehabilitation and Exercise
Physiology of the European Society.



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Secondary Prevention Through Cardiac Rehabilitation: Position Paper of the Working Group on Cardiac Rehabilitation and Exercise Physiology of the European Society of Cardiology FREE

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European Heart Journal, Volume 24, Issue 13, 1 July 2003, Pages 1273–1278,
[https://doi.org/10.1016/S0195-668X\(03\)00198-2](https://doi.org/10.1016/S0195-668X(03)00198-2)

Published: 01 July 2003 **Article history** ▼

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Abstract

The purpose of this statement is to provide specific recommendations in regard to evaluation and intervention in each of the core components of cardiac rehabilitation (CR) to assist CR staff in the design and development of their programmes; the statement should also assist health care providers, insurers, policy makers and consumers in the recognition of the comprehensive nature of such programmes. Those charged with responsibility for secondary prevention of cardiovascular disease, whether at European, at national or at individual centre level, need to consider where and how structured programmes of CR can be delivered to the large constituency of patients now considered eligible for CR.

Keywords: [Cardiac rehabilitation](#), [Secondary prevention](#), [Lifestyle changes](#), [Cardiovascular riskfactors](#)

The European Society of Cardiology

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