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### Food in tourism: Attraction and Impediment

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#### Abstract

The common perception of food as a mere attraction in tourism is challenged by stressing the complications and impediments experienced by tourists in the local culinary sphere in unfamiliar destinations, even when attracted to the local cuisine. Hygiene standards, health considerations, communication gaps, and the limited knowledge of tourists concerning the local cuisine are discussed, while the role of ethnic restaurants at home in preparing tourists for the food abroad is questioned. The various ways in which culinary establishments mediate between the tourists and the local cuisine are described. The authenticity of dishes in such establishments and the varieties of culinary experience are considered.

Résumé

La nourriture dans le tourisme : attraction et empêchement. La perception de la nourriture comme une simple attraction dans le tourisme est contestée en faisant ressortir les complications et les empêchements qui sont rencontrés par des touristes dans le domaine culinaire local des destinations inconnues, même quand on

touristes dans le domaine culinaire local des destinations inconnues, même quand on est attiré par la cuisine locale. On discute des normes d'hygiène, des considérations de santé, des manques de communication et des connaissances limitées des touristes au sujet de la cuisine locale, et on met en question le rôle des restaurants ethniques dans le pays pour préparer les touristes à la cuisine étrangère. On décrit les différentes façons dont les établissements culinaires servent d'intermédiaire entre les touristes et la cuisine locale. On considère l'authenticité des plats dans de tels établissements et les variétés d'expériences culinaires.



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## Keywords

food; cuisine; culinary establishments; ethnic restaurants

## Mots-clés

nourriture; cuisine; établissements culinaires; restaurants ethniques

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