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The Drinking Patterns and Problems of a National Sample of College Students, 1994

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Type: Article

Abstract:

Over 12,000 university students from every state were administered the Student Drinking Questionnaire during the 1993-1994 academic year. Of all students 72.0% consumed alcohol at least once a year and 20.6% were heavy drinkers (consuming 5 or more drinks per week or more). A mean of 9.6 drinks per week was consumed by all students in the sample, 31% of males consumed over 21 drinks per week and 19.2% of females consumed over 14 drinks a week. Of the drinkers, 28.4% were heavy and 71.6% were light to moderate drinkers and they consumed a mean of 10.9 drinks per week. A significantly higher proportion of heavy drinkers were male.

of men, whites, under 21 years old, Roman Catholics, individuals to whom religion is important, individuals with low grade point averages, fraternity/sorority members, students attending college in the North East part of the United States, in small communities. Schools and colleges under 10,000 students exhibited heavier drinking and a higher incidence of problems related to drinking. These results are similar to other studies which have been accomplished over the past two decades. The results do not support dramatic changes in the demography of heavier drinkers within most demographic categories. It was concluded that demographic variables need to be taken into consideration when planning campus education and prevention programs. In times of limited budgets, the primary target needs to be high risk students.

Description:

This is a pre-print published in final form in the Journal of Drug and Alcohol Education. The publisher's version is not available.

Other research PUBLICATIONS and PAPERS on university students drinking, drug use, health concerns and behaviors can be found at:
<https://scholarworks.iu.edu/dspace/handle/2022/17130/browse?type=title>;
<https://scholarworks.iu.edu/dspace/handle/2022/17127/browse?type=title>;
<https://scholarworks.iu.edu/dspace/handle/2022/17124/browse?type=title>.
Information about the questionnaire, calculations, and the original data base used can be found in the following item records within IUScholarworks repository. Details about the reliability and validity of the SAQ are found at: <http://hdl.handle.net/2022/17154>; <http://hdl.handle.net/2022/17181>. The classic 1975 version of the SAQ is found at <http://hdl.handle.net/2022/17153>. The Health Concern Questionnaire is found at: <http://hdl.handle.net/2022/17250>. Reliability and validity of this instrument are found at: <http://hdl.handle.net/2022/17251>. ALL QUESTIONNAIRES developed by Engs are available in the repository at: <https://scholarworks.iu.edu/dspace/handle/2022/17141/browse?type=dateissued>

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